

COALITION FOR HEALTHY COMMUNITIES

5th Annual Young Women's Conference
My Journey, My Voice: Empowering Young Women

Student Workshop Details

Name: Elizabeth Amaya-Fernandez

Title: Health Education Specialist

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Workshop Title: Exploring Health, Culture, and Identify

Name of Presenter(s): Elizabeth Amaya-Fernandez

Please attach a brief biography on each presenter

Workshop Outline: I. Introductions
II. Defining Culture & Identity
III. Crossing the Line Activity
IV. Group Discussion
V. Action Plan

Three (3) key messages covered in workshop:

1. Participants will have an opportunity to discuss the importance of including culture and identity in health and leadership programs.
2. Participants will explore culture and identity in their own lives and its significance.
3. They will also participate in an activity that will illustrate similarities and differences among other women in their age groups

List Resources and/or Relevant Websites:

I will need the following equipment:

Flipchart TV/VCR Digital Projector (limited availability)

Other

Please attach all handouts being used in your presentation, preferably in Word doc or PDF.