

MIDDLESEX COUNTY SUBSTANCE ABUSE COALITION

5th Annual Young Women's Conference
My Journey, My Voice: Empowering Young Women

Student Workshop Details

Name: Mara Carlin

Title: Prevention Educator

Organization: NCADD

Address: 152 Tices Lane

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State: NJ

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Workshop Title: Keeping it Real: A discussion on current trends of commonly used substances

Name of Presenter(s): Mara Carlin, CPS

Please attach a brief biography on each presenter

Workshop Outline: I. Icebreaker II. Game - what drugs are being used in your school III. Discussion about what drugs do to your body

Three (3) key messages covered in workshop:

1. why people use drugs
2. which drugs are being abused
3. consequences of prescription and other drugs

List Resources and/or Relevant Websites:

I will need the following equipment:

Flipchart TV/VCR Digital Projector (limited availability)

Other

Please attach all handouts being used in your presentation, preferably in Word doc or PDF.