

COALITION FOR HEALTHY COMMUNITIES

5th Annual Young Women's Conference

My Journey, My Voice: Empowering Young Women

Presenter Bio

Workshop: Exploring Health, Culture, and Identity

Presenter: Elizabeth Amaya-Fernandez

Elizabeth Amaya-Fernandez is a health education specialist at Rutgers Health Services. Liz is responsible for alcohol and other drug education at the University, she advises the ADAwGs, (Alcohol and Drug Awareness Generated by Students) a student peer health educator group. She also teaches undergraduate courses for the Bloustein School of Planning and Public Policy. Prior to joining Rutgers University, Liz was the Director of Health Education at the National Latina Health Network. She provided capacity building and technical assistance to service providers working in Latina/o communities in the United States. She was also the national spokesperson for NLHN on Latina and youth health issues. Liz is an accomplished educator and trainer. Her training topics include cultural competency, community engagement and mobilization, leadership development, HIV prevention education, reproductive health, sexuality education, and women's health issues.