

COALITION FOR HEALTHY COMMUNITIES

5th Annual Young Women's Conference

My Journey, My Voice: Empowering Young Women

Presenter Bio

Workshop: Keeping It Real

Presenter: Mara Carlin

Mara Carlin has working at the National Council on Alcoholism and Drug Dependence of Middlesex County since 2002 as a Prevention Educator. At NCADD, she facilitates many programs including Footprints for Life, Forest Friends, We're Not Buying It, and Strengthening Families. Before working at NCADD, Mara worked as a school counselor in Brooklyn, NY where she provided individual counseling, facilitated group sessions, led parent workshops, and implemented a curriculum in age-appropriate life skills and drug prevention. Mara holds a Bachelor of Science degree in Human Sciences and Services with a concentration in Child and Adolescent Development from the University of Rhode Island.